The Trumbull Memorial Health Foundation

2024 Grant Focus Areas



The Trumbull Memorial Health Foundation seeks to improve the health and well-being of *all residents* of Trumbull County. We recognize that residents experience different degrees of health based on the structures, cultures and geographies in which they are situated. For example, some problems are experienced more intensely by different racial or ethnic populations; rural or urban communities; women; LGBTQAI+ persons; or people with disabilities. Therefore, the varying size and scope of our grants will reflect the different depths and complexities of these barriers to ensure *all residents* can equitably achieve and maintain health and well-being.

2024 Granting Priorities:

- 1. <u>Innovative projects that address the current priorities and strategies identified by the 2023-2025 Trumbull County Community Health Improvement Plan (CHIP):</u>
 - > Mental health and Substance Abuse
 - Priority will be given to community coalitions and collaborative efforts as well as proposals that seek to expand evidence-based practices.

> Access to Care

 Priority will be given to proposals addressing culturally congruent care, serving residents in high social vulnerability index areas, utilizing partnerships, strengthening data tools and/or advocating for policies that promote access to care.

Community Conditions & Safety

- Priority will be given to proposals addressing housing quality, expanding public transit access and connectivity, including pedestrian access, increasing greenspace and safe parks and/or increasing access to healthy food.
- 2. Organizations and programs that address areas identified by issue-specific funds held by the Foundation
 - > Needs of cancer patients and/or their families
 - > Hospice services, care or education
 - > Diabetes care, including prevention programs and education
 - Orthopedic care and/or support for patients including education

In addition, we consider *how* an organization works and *who* leads the work. Strong proposals will incorporate the following:

- o Individuals with personal knowledge or direct experience have key roles in planning & implementation.
- Success is clearly defined as are plans to achieve it and evaluate results toward it.
- o Qualitative and quantitative data is used to inform approach and measure impact.
- Underlying social and economic challenges contributing to poor health are addressed, such as racial inequity, poverty, as well as barriers to healthy food, quality housing and safe parks/recreational spaces.
- o Projected outcomes include change in policies, systems and environments to help make healthy options practical and readily available in an equitable manner to all residents.
- o Requested funds will leverage other public and private funding sources.
- o Partners from different sectors, including public health, government, education, healthcare, etc., have been engaged to develop shared priorities and strategies.

The Trumbull Memorial Health Foundation values the efforts of the Healthy Community Partnership, a regional cross-sector collaborative working to address several of the CHIP's priorities and strategies. Priority is given to grant seekers who are connected to the Healthy Community Partnership and aligned with the shared vision and goals. If your organization is not currently active in the Healthy Community Partnership, please contact Sarah Lowry at slowry@cfmv.org or 330-743-5555 to be connected.

We recognize that numerous terms and phrases are used in our language that you may not be familiar with or have a different interpretation of than we do. In order to provide clarity to our words, please visit the "Glossary of Commonly Used Terms" section of our website: www.cfmv.org/glossary

About The Trumbull Memorial Health Foundation

MISSION - The Trumbull Memorial Health Foundation partners with the community to achieve health equity by investing in and serving as a catalyst for systemic change, leading to improved public health and quality of life for all residents of Trumbull County, Ohio.

VISION - Our vision is of a Trumbull County where everyone has the opportunity and capacity to thrive, regardless of race, gender, background, income or any other social condition.

VALUES- As an organization, we value:

Health Equity - Mindful of historic and persistent health disparities in our community (as in the country at large), we place the highest priority on removing barriers to achieving equitable health outcomes for all Trumbull County residents.

Equity and Inclusion - Inclusion is central to our mission, not only because it is right, but because historically discriminatory policies and practices lie at the root of most social barriers to equitable health outcomes. Achieving racial equity is especially critical in overcoming these barriers and is a top priority of the Foundation. Through acknowledging and addressing the injustices of the past we can begin to move toward a more just future.

Continuous Learning - We are committed to continuous learning from a broad range of sources, from local residents and neighborhood leaders to national and international funders and professionals, staying actively engaged with various partnerships and perspectives to pursue innovative and idea-driven solutions to the needs of our community.

Partnership - The Foundation does not see itself as separate from the community. Rather, we pledge to listen to, work closely and lead jointly with community members in identifying barriers to health equity and determining how to remove them.

Respect - Keenly aware of the real and perceived power differential between grant makers and grant seekers, we recognize the crucial importance of respect for residents and the nonprofits serving them, and we pledge to build and maintain respectful, purposeful relationships in the community.

Commitment - Achieving health equity requires removing many systemic obstacles, and change will never come quickly enough. However, we are committed to working closely with the community to achieve its goals and will not deviate from this vital effort.

Accountability - We pledge to uphold the highest ethical and professional standards, and we invite the community's scrutiny to hold us to account as we seek to advance with them the cause of population health for all of Trumbull County.

WHAT WE MEAN BY THE USE OF THE WORD...

Health: The state of complete physical, mental, and social well-being, and not merely the absence of disease or infirmity. [Adopted from World Health Organization]

Health Equity: Everyone has a fair and just opportunity to be as healthy as possible. This requires removing obstacles to health such as poverty, discrimination, and their consequences, including powerlessness and lack of access to good jobs with fair pay, quality education and housing, safe environments, and health care. [Adopted from Robert Wood Johnson Foundation]

Racial Equity: A reality in which a person is no more or less likely to experience society's benefits or burdens just because of the color of their skin. [Adopted from Aspen Institute]